

Congratulations on
your new braces!

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Only your
confidence
shows

Here are some things to
remember so you can
keep them looking and
working great.

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InVu[®]
Aesthetic Braces

InVu is a registered trademark of TP Orthodontics, Inc. and manufactured under US Patent # 5,098,288, 5,263,859+F, and 6,685,468; EPO 0455500 B1; Germany DE 691 05 235 T2; Italy 20395BE/95; Japan 3,334,940. All other patents pending.





1

Brush and floss regularly

You probably already know to do this, but with braces it's more important than ever. Food can easily become trapped around brackets and wires, increasing your chances for tooth decay (and bad breath).

2

Rinse after eating

If you are in a situation where you can't brush right away, rinsing with water is a good idea until you can get to your toothbrush. Remember that InVu brackets match your tooth color, so bits of food will be easy to see. Not only that, but improper oral hygiene can cause the ligatures that hold the archwire onto your brackets to discolor and look bad.

3

Avoid tough-to-chew foods

Things like hard candy, taffy, or corn on the cob can damage your braces. You should also avoid chewing on things like pencils or ice. It only takes a moment to pop off a bracket or break a wire. Some estimates say that each untreated broken bracket can prolong treatment by a whole month! Before you put something in your mouth, ask yourself if it's worth it.

4

Protect your braces

If you play contact sports, be sure to wear safety equipment such as helmets or mouth guards.

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our comfortable
aesthetic braces online
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